Your 24/7 Wellness Resource

Download the Cordico Wellness App today!



- Confidential
- ——• Accessible 24/7
- Anonymous
 - Available for you & your significant others
 - Self-Assessments
 PTSD, sleep, stress & more
- Wellness Content
 videos & articles on 50+ topics
- Peer Support & Therapist
 Finder





You do so much to serve and take care of others, now take care of yourself.





Scan the QR code to install the wellness app.

Please contact a Supervisor for the login information.