



**Benefits & Wellness Committee  
Meeting Agenda**

**Wednesday, March 12, 2025  
10:00 a.m.**

**[Zoom](#)**

**Meeting ID: 820 5832 4893**

**Passcode: 064143**

**(669) 444-9171**

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All portions of this meeting will be conducted via teleconference in accordance with Government Code Section 54953. The teleconference locations are as follows:

- Sedgwick, 1750 Creekside Oaks Dr, Suite 200, Sacramento, CA 95833
- Alpine Fire District, 1364 Tavern Rd, Alpine, CA 91901
- Central Fire District, 930 17th Ave, Santa Cruz, CA 95062
- Lakeside Fire Protection District, 12216 Lakeside Ave, Lakeside, CA 92040
- Sonoma County Fire Protection District, 8200 Old Redwood Hwy, Windsor, CA 95492
- South Lake County Fire Protection District, 21095 Hwy 175, Middletown, CA 95461

Each location is accessible to the public, and members of the public may address the Committee from any teleconference location.

In compliance with the Americans with Disabilities Act, if you need a disability-related modification or accommodation to participate in this meeting, please contact Amanda Bistolfo at (916) 244-1190, [amanda.bistolfo@sedgwick.com](mailto:amanda.bistolfo@sedgwick.com). Requests must be made as early as possible, and at least one full business day before the start of the meeting.

Documents and materials relating to an open session agenda item that are provided to the Committee will be available for public inspection at 1750 Creekside Oaks Drive, Suite 200, Sacramento, CA 95833.

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1. **CALL MEETING TO ORDER; ROLL CALL**
2. **APPROVAL OF AGENDA AS POSTED OR AMENDED**
  
3. **PUBLIC COMMENTS** - *This time is reserved for members of the public to address the Committee relative to matters of FRMS not on the agenda. No action may be taken on non-agenda items unless authorized by law. Comments will be limited to five minutes per person and twenty minutes in total.*
  
4. **CONSENT CALENDAR**
  - 4 \*A. Minutes of December 11, 2024 Benefits Committee Meeting  
*Recommendation: Approval of the Consent Calendar.*
  
5. **ADMINISTRATIVE MATTERS**
  - 8 A. Executive Director's Report  
*Recommendation: None.*
  - 9 B. Update Regarding Pre-placement and Annual Physical Examination Services  
*Recommendation: None.*
  - 10 C. Update on First Responders Resiliency, Inc. (FRRl)  
*Recommendation: None.*
  - 11 \*D. Smith Moore and Associates, Inc. (Smith Moore) Contract Renewal  
*Recommendation: Advance to FRMS Board of Directors for contract extension.*
  - 13 E. Contract Renewals  
*Recommendation: None.*
  
6. **BENEFITS MATTERS**
  - 14 \*A. Benefits Program Performance Update  
*Recommendation: None.*
  - 27 \*B. Medical TPA Program Performance Update  
*Recommendation: None.*
  - 31 C. Annual District Wellness Stipend Reminder  
*Recommendation: None.*
  - 33 \*D. Review of Lexipol's Cordico Wellness App  
*Recommendation: Review cost and utilization of Lexipol's Cordico Wellness App.*
  - 36 E. The Hartford Group Critical Illness Benefit, Revised  
*Recommendation: None.*
  - 37 \*F. Group Dental Plan Employee Survey Results  
*Recommendation: None.*
  - 66 G. Blue Shield Teladoc Benefit Enhancement Effective June 1, 2025  
*Recommendation: Consider Blue Shield Teladoc benefit enhancement for all enrolled FRMS agencies effective June 1, 2025.*

- 68 H. Dependent Eligibility Verification  
***Recommendation: Understand what a dependent eligibility verification is and consider engaging a vendor to complete on behalf of FRMS Benefit Program.***

**7. FINANCIAL MATTERS**

- 69 A. Health & Wellness Draft Budget  
***Recommendation:***

**8. CLOSING COMMENTS**

- A. Committee
- B. Staff

**9. ADJOURNMENT**

**NOTICE:** The next regular meeting of the Benefits Committee will be held at 10:00 a.m. on Wednesday, June 11, 2025, via teleconference.